

This Week's Calendar of Events

JANUARY 3-9, 2022

CLARENDALE®
SENIOR LIVING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM Shopping Or Dining Excursion* 10:15 AM Exercise Class: Moderate/Advanced Workout, Exercise Studio 11:00 AM Exercise Class: Stamina & Endurance, Exercise Studio	10:15 AM Exercise Class: Moderate/Advanced Workout, Exercise Studio 10:30 AM Scenic Mid-Morning Ride* 11:00 AM Exercise Class: Moderate Workout, Exercise Studio	10:00 AM In The Kitchen With Chef Adam, Apartment 201 10:15 AM Exercise Class: Moderate/Advanced Workout, Exercise Studio 11:00 AM Exercise Class: Stamina & Endurance, Exercise Studio	10:15 AM Exercise Class: Moderate/Advanced Workout, Exercise Studio 10:30 AM Tile Art Class, Art Studio 11:00 AM Exercise Class: Moderate Workout, Exercise Studio	9:00 AM Shopping Trip To Kroger & CVS* 10:15 AM Exercise Class: Moderate/Advanced Workout, Exercise Studio 11:00 AM Exercise Class: Stamina & Endurance, Exercise Studio	10:00 AM Hit The Gym For A Workout! Exercise Studio 11:30 AM Hot Coffee & Good Books, Bistro/Library 11:30 AM Craft & Chat Saturday, Art Studio	9:00 AM Church Coach Service* 11:00 AM Refresh Your Soul (Inspirational Self-Study)
1:00 PM Clarendale Cruisers: Walking Club Meeting, Bistro 1:30 PM Monday Mystery Movie Matinee, Theater 3:15 PM Crazy For Crosswords! Club, Library 4:00 PM Beer & Bourbon Tasting, Pub 7:00 PM Monday Night Football Party, Theater	1:00 PM Angel Quilters Club, Art Studio 2:45 PM Financial Matters: Trips To The Bank* 3:30 PM Trivia Tuesday: Test Your Knowledge, Lounge 6:30 PM Are You Game? Card And Board Games, Pub	1:15 PM Bible Study: Listening To God By Dr. Charles Stanley, Lounge 2:30 PM Crosswords Mania, Lounge 3:30 PM Ted Talks & Discussion, Lounge 6:30 PM Chick Flick & Wine Wednesday, Theater	1:30 PM Movie Matinee—Africa: Eye-To-Eye With The Unknown, Theater 2:30 PM Clarendale Staff Talent Show: Encore Performances, Lounge 4:30 PM Thirsty Thursday Happy Hour, Pub	1:00 PM Friday Matinee Performance—The Lion King, Lounge 1:30 PM Gardening Club (Green Thumb Not Required!), Patio 3:15 PM Bingo, Bingo, Bingo! Lounge 6:30 PM Friday Night Netflix "Pix," Theater	1:00 PM Saturday Afternoon Cinema—Under African Skies, Theater 1:30 PM Painting In The Pub With Rachel, Pub 3:00 PM Scrabble Tournament, Lounge	1:00 PM Hand, Foot & Toe Clinic, Apartment 201 1:30 PM Academy Award Nominee—Gorillas In The Mist, Lounge 3:15 PM Left, Center, Right (LCR) Dice Game Play, Lounge 3:30 PM Living Through Loss Support Group Meeting, Theater

*Gather in lobby/concierge area for coach transportation.